



## Instructions after polypectomy

During my colonoscopy today, I had polyps removed with a snare.  
There may be occasional complications within the next 2 weeks..

- Discrete blood deposits in the stool are harmless.
- In the event of severe bleeding, please contact the practice immediately by telephone: **062 824 90 90**. If you cannot reach us, you should go to hospital immediately.  
In most cases, the problem can be remedied by endoscopic therapy and surgical intervention is not necessary.
- Mild abdominal pain indicates irritation of the intestines. Taking Buscopan or Paracetamol (Dafalgan, Panadol) usually helps.
- In case of severe pain, consult us or go directly to the nearest hospital.
- Avoid taking aspirin and similar painkillers.

On the picture I have marked the places where the polyps were removed. Please take this sheet with you for emergency treatment so that you can be helped in the best possible way.

